



# Birch Narrows Dene Nation Report

April 8, 2020.

Recreation Wellness Coordinator: Blaine Mirasty

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MLTC Youth Survey Results: April 1, 2020

Grade survey participant breakdown:

Grade 5 = 9

Grade 6 = 1

Grade 7 = 4

Total student response = 14

## 1. What would you like to see for Health & Physical Activity Programming in the Community?

Grade 5 Responses:

Gymnastics

badminton tournaments

I would like to see hockey players come into the community, and get jerseys signed.

I'd rather see sports.

Hockey

more sports

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To play more badminton

Clean the place, like pick up all the garbage. Do more exercises and eat healthier.

Badminton, tennis or soccer.

---

Grade 6 responses:

Gymnastics, baseball, lacrosse, ball hockey, music classes, drama and dance classes. New weight room with teaching how to use it.

Grade 7 responses:

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I'd like to see more art because I am assigned to colour in's and I feel like more art activity choices would be good

I don't like health or physical

hockey

i don't know

---

2. Examples of Health and Physical Activity - pick the ones that you would like to see.

Grade 5 Responses:

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hockey after school;

Video Games - for example Fortnite tournaments;

hockey after school;

hockey after school;

hockey after school;

soccer/volleyball;

hockey after school;computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;biking group;

hockey after school;music programs;Video Games - for example Fortnite tournaments;hiking group;

hockey after school;Video Games - for example Fortnite tournaments;

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Grade 6 responses:

hockey after school;music programs;computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;hiking group;

Grade 7 responses:

Digital art/Sketching;

biking group;

Video Games - for example Fortnite tournaments;

hockey after school;

3. What would you like to see for mental health? What things can be done to help students with their mental health?

Grade 5 Responses:

presentations

I don't know

For them to learn how to eat and drink healthy.

To eat healthy food and work hard.

To eat healthy food

I don't know

Proper healthy eating salads and vegetables.

Make them work more so they can get smarter.

By telling them to eat healthy and to take time off electronics.

Grade 6 responses:

Therapy, school starting at 10. Learn about how to properly maintain use of electronics ex: healthy use.

Grade 7 responses:

I don't know

I don't know

idk

i don't know

3. What do you need help with?

Grade 5 Responses:

Reading, I really want to know how to read.

better snacks in the morning

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My hockey skills

I don't know, I know most of the stuff like I know math.

I don't know

nothing

I need help reading

Reading and spelling

Friends and family

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Grade 6 responses:

Just talking to someone, sensory room.

Grade 7 responses:

---

Social interaction/Feeling sad most of the time

Nothing currently

idk

my work

---

#### 4. What do your friends need help with?

Grade 5 Responses:

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Math

I don't know

To be stronger like to have muscles.

When they get hurt, they ask people for help.

I don't know

nothing

nothing, their all okay just like me.

Reading and spelling

I don't know

---

Grade 6 responses:

how to be nice, not bullying sessions. Focus on well being.

Grade 7 responses:

---

I have none

I don't know

---

---

idk ask them

i don't know things

---

## 5. What subjects or interests would you like to learn more?

Grade 5 Reponses:

---

Reading-ELA

I would like to learn more about poetry.

Science

Math

I would like to learn more about playing hockey.

I would like to learn more about Dene.

I would like to learn hockey skills.

Math

Math

---

Grade 6 responses:

Art- painting, drawing, crafting, oragami. Math, Writing, more Dene classes. Spanish. Story Telling.

Grade 7 responses:

---

I would like to learn about art history and art illustration

noting

math

math

---

## 6. New Subjects that you would like to learn? or something else

Grade 5 Reponses:

---

video production

photography

video production

video production

computer applications

video production

computer applications

---

video production

Robotics

Grade 6 responses:

all of the above

Grade 7 responses:

photography

photography

Robotics

photography

## 7. What would you like to see for Culture and Tradition in your school?

Grade 5 Responses:

Dene Language so I can speak it to my grandma.

I don't know

To be cool and learn more about our culture and language.

A real birch bark canoe.

How to make blankets.

For everybody to be speaking fluent Dene.

Make more crafts with kids.

Learn more Dene, Cree or art.

Nerf war

Grade 6 responses:

more camping, learning about the land, learning to set traps, survival skills.

Grade 7 responses:

Ceremonies/Stories/More sewing and learning to make cultural items or clothing

I don't know

yes

yes

8. What do you want to be when you grow up? What do you think you need to learn to help to get a Job?

Grade 5 Reponses:

A teacher, I need to do a bunch of work.

I wanna be artist

A hockey player and a mechanic who fixes vehicles or an engineer. I need to learn the training for the things I picked.

I'd like to build a company for hockey. I need to learn how to write.

I don't know, I need to learn how to write and how to do math.

A cop or a teacher. I need to learn how to work.

I want to be a mechanic who fixes cars. I need to go to college so I can get any job.

I want to be a hockey player. I need to learn how to read first and how to spell. Get a little smarter so I can have a good business.

A game designer, I need to stay in school to learn.

Grade 6 responses:

photographer, police officer, fire fighters

Grade 7 responses:

I would like to be an illustrator and I think art classes that grade 7 to 12's can do

i don't think about my furture

minor

cops

9. What activities would you like to see in your community? For the other members in your community parents, older cousins and Grandparents and all other community members?

Grade 5 Reponses:

I want a bunch of games, festivals.

I don't know

To play more sports with us.

Dances and powwow

Scavengerhunts,.

No drinking, no smoking and no parties.

Big barbeques and weiner roasts.

Speak Dene language

People playing paintball

Grade 6 responses:

community centre to do activities, radio station, have pow wows, musher trainer

Grade 7 responses:

Activity days for the parents and elders and kids

i don't now

idk

i don't know

## 10. Most important for Youth in your community?

Grade 5 Reponses:

Employment;

Health, Mental Wellness and Physical Activity;

Health, Mental Wellness and Physical Activity;

Culture;

Education;

Health, Mental Wellness and Physical Activity;Education;

Education;Culture;Reduced at risk behavior;

Health, Mental Wellness and Physical Activity;Education;Culture;

Health, Mental Wellness and Physical Activity;Education;

Grade 6 responses:

Health, Mental Wellness and Physical Activity;Education;Culture;Employment;Reduced at risk behavior;

Grade 7 responses:

Health, Mental Wellness and Physical Activity;Education;Employment;

Education;

Health, Mental Wellness and Physical Activity;

Culture;

## 11. What do you need right now? How can the community help to stop youth suicide in the MLTC Reserves?

Grade 5 response:

Grade 5 Reponses:

I don't know

I don't know sorry

I don't know, They need to talk about it.

Nothing, The community has to have police around to protect people from committing suicide.

Talk to them or make them feel better.

I need sleep, I don't know.

The adults have to quit getting mad and they got to quit arguing in front of the kids.

A good job for my mom. Need to stop the bullying.

Don't sell guns

Grade 6 responses:

have more activites to do, contact with parents, dance, gymnastics. Instructors for canoing, swimming, paintball.

Grade 7 responses:

Mental health center that people can talk and just do stuff, I think the community should spread awareness more because just putting in 2 therapists and just having little activitys cant be enough because most people are ashamed or afraid to talk

im a kid

talking to the elders

i don't know

## 12. what do you do when you feel pressured or stressed?

Grade 5 Reponses:

Sometimes I cry for no reason. I ask my mom to take me to the store to buy candy is how I make myself feel happy.

I sleep

I play my game, talk to my mom or go to my friends place.

I lay down and do nothing, look at tik toks.

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I don't know

I get mad

Go for a bike ride with my friends.

Lay down in bed and watch YouTube.

Make stuff out of clay or play games.

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Grade 6 responses:

cry in my room because Im frustrated

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Grade 7 responses:

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I just try and calm myself down but I just end up taking it out on people at the end of the day

cry

nothing

nothing

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13. What would you like to see from the schools and community to help students stay in school ?

Grade 5 Reponses:

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I don't know

I don't know

I don't know

I don't know

To let them do new stuff like math.

Freetime

Wake them up in the morning

I don't know

Make it easier

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Grade 6 responses:

More education, less bullying,

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Grade 7 responses:

---

I don't know

better education

i don't know

---

i dont know

## 14 .Why do you come to school?

Grade 5 Reponses:

To learn

I guess to learn and to see my friends and for some reason that i don't know but when i'm not at school ill miss school.

Because my mom tells me to.

To have time away from my brothers.

To learn

Because I have to

To learn

To learn

To learn

Grade 6 responses:

my parents tell me too and for friends

Grade 7 responses:

I come to school because I wanna graduate and do things instead of staying in a cramped up community

to succed

because i have a future a head of me and i need to get a education and good college

i dont know

## 15. Why are students dropping out? what can be done to help students stay in school and graduate?

Grade 5 Reponses:

Because they don't listen. The students need to learn a bunch of math.

They need more sleep

Cause they think it's cool. Students should get home schooled.

Because their not learning enough. They need to do more work.

because they like staying home playing games. Teach them how to learn so they don't get

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stressed from it.

Because they don't like school. Work

Cause of games, they stay up too late. Set alarms for kids to wake up.

Because of strict teachers. Teachers have to be nicer.

Cause of video games. Make kids want to learn.

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Grade 6 responses:

because things are getting harder and harder in this day and age.

Grade 7 responses:

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parents need to send their kids

idk

cause they don't like school

i dont know

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## 16. What weekend activities does your community need?

Grade 5 Responses:

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I don't know

I'm not sure

To start going outside more.

weekend vacations

I don't know

Camping

Take us to the school cabin for like 5 days, they only take the teenagers.

Public skating to be open, because the arena is closed on weekends.

Elders teaching the kids how to make boats and stuff.

---

Grade 6 responses:

skating, little tournaments, scavenger hunts, sleep overs, mini sticks, an apex centre, better park. Zip lining.

Grade 7 responses:

---

more art

It's fine the way it is

gym all night and skating

---

i dont know

## 17. Does your community need more facilities or upgrades

Grade 5 Reponses:

Outdoor Hockey Rink, Summer Basketball Courts

Youth Centre upgrades

Outdoor Hockey Rink, Summer Basketball Courts

Outdoor Hockey Rink, Summer Basketball Courts

Walking paths

Youth Centre upgrades

Outdoor Hockey Rink, Summer Basketball Courts

Outdoor Hockey Rink, Summer Basketball Courts

Youth Centre upgrades

Grade 6 responses:

all of the above.

Grade 7 responses:

Outdoor Classroom

Track and Field

Outdoor Hockey Rink, Summer Basketball Courts

Outdoor Classroom