



# Clearwater River Dene Nation Report

April 8, 2020.

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MLTC Youth Survey Results: April 1, 2020

Grade survey participant breakdown:

- Grade 4 = 15
- Grade 5 = 09
- Grade 6 = 12
- Grade 7 = 09
- Grade 8 = 09
- Grade 9 = 07
- Grade 10 = 09
- Grade 11 = 06

Total student response = 76

## 1. What would you like to see for Health & Physical Activity Programming in the Community?

### Grade 4 Reponses:

- Hockey
- volleyball club
- wrestling
- tennis, bowling,
- cooking, wrestling, iPad club, walking club
- soccer club,
- soccer, basketball
- baseball, badminton and tennis
- skating/hockey club
- volleyball club/soccer/ skating
- wrestling, volleyball
- carnival nights, game night

wrestling

museum, waterpark

tag, fun games and soccer

#### Grade 5 Reponses:

I dont know

hockey and skating

i dont know

tennis, swimming and hockey

waterpark

soccer, hockey

i dont know

Sports

i dont know

#### Grade 6 responses:

more playgrounds

i dont know

sports (hockey)

no littering

bigger hospitals

a park

more bouncy castle stuff at the hall

i dont know

i dont know

game tournament

a bigger hospital and eye doctor

more doctors like specialist

i dont know

#### Grade 7 responses:

I dont know

maybe having a presentation about alcohol and drugs

more stuff for different kinds of sports

no idea

basket ball volley ball soccer

I dont do sports

soccer field

I have no clue

I don't know

#### Grade 8 responses:

more sports of all sorts

Basket ball, biking group

i dont know

I don't know

new volley ball nets

I don't know

Hockey and foot ball

I don't know

I don't know

#### Grade 9 responses:

Biking, Basketball, Soccer, Baseball, Football

I dont know

I dont know

I dont know

I don't know

Hockey

I dont know

#### Grade 10 responses:

cooking/baking club

more things to do for the kids.

fitness, talking and mental health

outdoor activities

volleyball,hockey, baseball, basketball, cultural activities

volleyball, hockey , baseball, basketball

volleyball

basketball

Nothing.

#### Grade 11 responses:

---

more activities for the kids.

Sports: volleyball, soccer, basketball Parenting, especially for teens and young moms

IDk

nothing

I would like to see a community basketball team, a volleyball team, and a soccer team. I would also like to see music program that kids of all ages would have access to.

Basketball, volleyball and soccer

---

## 2. Examples of Health and Physical Activity - pick the ones that you would like to see.

### Grade 4 responses:

---

music programs;biking group;hiking group;

hiking group;

hiking group;

Video Games - for example Fortnite tournaments;

biking group;

hiking group;

hiking group;

music programs;

hockey after school;computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;

hiking group;

hiking group;

hockey after school;

hockey after school;

Video Games - for example Fortnite tournaments;

Video Games - for example Fortnite tournaments;

---

### Grade 5 responses:

---

Video Games - for example Fortnite tournaments;

hockey after school;

hockey after school;

computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;

biking group;

computer programs - for example learn how to make YouTube Videos;

hockey after school;Video Games - for example Fortnite tournaments;

---

hockey after school;  
computer programs - for example learn how to make YouTube Videos;

#### Grade 6 responses:

Video Games - for example Fortnite tournaments;  
hockey after school;  
lacrosse;hockey after school;  
Video Games - for example Fortnite tournaments;  
hockey after school;  
computer programs - for example learn how to make YouTube Videos;  
computer programs - for example learn how to make YouTube Videos;  
Video Games - for example Fortnite tournaments;  
Video Games - for example Fortnite tournaments;  
hockey after school;Video Games - for example Fortnite tournaments;  
basketball, soccer;hockey after school;Video Games - for example Fortnite tournaments;  
getting a new hockey rink;computer programs - for example learn how to make YouTube Videos;hiking group;

Video Games - for example Fortnite tournaments;

#### Grade 7 responses:

computer programs - for example learn how to make YouTube Videos;  
music programs;  
hockey after school;music programs;  
hockey after school;  
hockey after school;hiking group;  
computer programs - for example learn how to make YouTube Videos;  
music programs;  
Video Games - for example Fortnite tournaments;  
hockey after school;

#### Grade 8 responses:

volley ball;  
hockey after school;music programs;computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;biking group;hiking group;  
hockey after school;

---

tik Tok dancing ;

Basket ball;

hockey after school;

hockey after school;Video Games - for example Fortnite tournaments;hiking group;

hockey after school;

Video Games - for example Fortnite tournaments;

---

#### Grade 9 responses:

hockey after school;Video Games - for example Fortnite tournaments;

computer programs - for example learn how to make YouTube Videos;

volley ball;

volley ball;

hockey after school;

hockey after school;

Video Games - for example Fortnite tournaments;biking group;

---

#### Grade 10 responses:

music programs;computer programs - for example learn how to make YouTube Videos;

computer programs - for example learn how to make YouTube Videos;

biking group;

computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;biking group;hiking group;

sports teams;hockey after school;Video Games - for example Fortnite tournaments;hiking group;

volleyball;hockey after school;biking group;hiking group;

hiking group;

biking group;

---

#### Grade 11 responses:

hockey after school;music programs;computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;biking group;

softball afterschool, outdoor baseball & after school workouts ;hockey after school;computer programs - for example learn how to make YouTube Videos;biking group;hiking group;

hockey after school;computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;biking group;hiking group;

Video Games - for example Fortnite tournaments;

Basketball after school;hockey after school;music programs;computer programs - for example learn how to make YouTube Videos;Video Games - for example Fortnite tournaments;biking group;

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music programs;biking group;hiking group;

3. What would you like to see for mental health? What things can be done to help students with their mental health?

Grade 4 response:

playing with groups with extracurricular activities

cultural activities

ask teacher for help, talk to someone you trust

reading, playing outside, biking

talking

write down feelings

I dont know

counseling

don't know

sharing circle

don't know

don't know

I don't know

tell an adult your problem. family gathering

help each other

Grade 5 response:

i dont know

don't know

psychiatrist

don't know

family circle talk

psychiatrist in our health centre

Stop bullying

i dont know,

stop bullying

Grade 6 response:

i dont know

get a special doctor like autism

i dont know

i dont know

i dont know

dont know

health doctors

dont know

i dont know

more people to talk too

i dont know

stuff that can like make you stay calm

Grade 7 response:

I don't know, a program

presentation about bullying, maybe punish people that bully so nobody can go through the pain like I did

happy people, therapist

I don't know

I dont know

I dont know

I dont know

like a mental therapist

therapist and councillors to talk to

Grade 8 response:

like a therapist

I don't know maybe a therapist

mental hospital

talk with someone

I dont know

therapist

Have a full healthy life and have respect for one another

I don't know

I don't know

Grade 9 response:

a therapist would be good and also a support group

I dont know

need more people to talk with like a professional therapist

I don't know

I don't know

Don't judge kids and let them do whatever they want

I dont know

---

Grade 10 response:

---

have actual therapist

have more people to talk to

talking

anything for that matter.

therapist, encourage eachother to not be antisocial , make new friends, good enviroment

keep the youth busy, stop giving them time to put scenarios in their head and letting them think about it to much

talking

nothing

---

Grade 11 responses:

Resumes, job interview skills, adulting like life transitions, money management, every day math

I need help with my baking

stress

everything, life, school, family, friends.

depression and anxiety

I need help getting better with my grades and other stuff.

physical and mental strength

nothing

im crazy

anger issues

getting more active in the gym

3. What do you need help with?

Grade 4 response:

reading  
nothing  
doing homework  
social anxiety  
math, reading  
reading, learn dene language  
math  
need help with Dene  
math/homework  
math  
nothing  
when I'm stuck (that was the answer given)  
nothing  
my attitude and behaviour  
work in classroom

Grade 5 response:

math  
math  
math  
spelling and reading  
none  
math on division  
i need help learning how to draw  
i need help to do math  
art

Grade 6 responses:

getting more active in the gym  
with reading  
math  
right now im fine  
nothing  
nothing  
getting rides to places when there's activities going on  
math  
to be better at fortnite

learning to speak my language

nothing

nothing

---

### Grade 7 responses:

I don't know

concentration

math

anger

volley ball, math

nothing

everything

putting on gloves

I don't know

---

### Grade 8 responses:

math

math

nothing

family problems

speaking in front of people

math and putting on my socks

Science

I don't know

nothing

---

### Grade 9 responses:

boredism

physical and mental

nothing

nothing

nothing

math

my addiction

Grade 10 responses:

---

I need help with my baking

stress

depression and anxiety

I need help getting better with my grades and other stuff.

physical and mental strength

nothing

im crazy

anger issues

school

---

Grade 11 responses:

---

Resumes, job interview skills, adulting like life transitions, money management, every day math

everything, life, school, family, friends.

school

I can't read

I need help with school and something that would help is a tutor for after school or in the evenings at the youth centre.

I need help with improving my mental health and school

---

#### 4. What do your friends need help with?

Grade 4 response:

---

they don't need help

don't know

grabbing stuff around the class room

anxiety

don't know

don't know

I dont know

reading

don't know

spelling out words

I don't know

when their hurt

not sure

---

don't know  
with their work

---

Grade 5 response:

i dont know  
not sure  
i dont even know  
math  
nothing really  
not sure  
i dont know  
to be more athletic  
some kids help with doing work

---

Grade 6 response:

getting out more  
some kids need help with talking to someone  
school work  
quit smoking and get help  
dont know  
nothing  
i dont know  
someone of them need help with reading  
hockey  
math  
my classmates need help thinking outside the box and not telling people what to do  
nothing

---

---

Grade 7 response:

I dont know  
I dont really know  
I don't know  
nothing I guess  
I don't know maybe going to school  
I dont know

---

nothing

I don't know

I don't know

Grade 8 response:

more like confidence and motivation

I don't know

i don't know

I don't know

time management

get their minds straight

To stop playing games

I don't know

Grade 9 response:

not being bored like me

I don't have friends

nothing

I don't know

nothing

I don't know

I don't know just help

Grade 10 response:

I don't know

depression

depression

going out more.

mental, sports, cultural activities

nic addiction

their work

anxiety

nothing

Grade 11 response:

Making friends, positive relationships, communication

everything in life

Game

nothing

They need help with relationships and social skills, and their communication skills.

My friends need help with relationships and social skills.

How to pay taxes, more adulting like money management ( banking, credit cards, investing)

cooking classes and mental health

IDk

I'm more interests in nothing

I would like to learn more about money management and life skills.

I would like to learn about biology, how the human body works

## 5. What subjects or interests would you like to learn more?

Grade 4 response:

science, math, reading comprehension

art

math

art, science and language arts

about the world, want to learn about the treaties,

don't know

Science

social studies

read/ writing

health

math

art and science

art

science

art, writing

Grade 5 response:

math

Math

science

math

math

science and math

i dont know

Math

Social Studies and Math

---

Grade 6 response:

history

i like to learn more math

math

hiking

science

maybe science

painting

my language (dene)

science

science

math, reading

math

Grade 7 response:

painting

history

music and learn how to play instruments

science and art

nothing

math

nothing

how to work a laptop and computer

math science social studies

Grade 8 response:

dene

health

carpenter

anything

art

math

---

Math

health

nothing

Grade 9 response:

Science

math

I dont know

nothing

health

fitness

English

Grade 10 response:

cooking mining

computer and high school volleyball

yup

gaming cuz I love to play videos games such as fortnite, call of duty, etc.

math, hockey or business

cultural studies, outdoor classes and gym I miss it

English

science

space

Grade 11 response:

How to pay taxes, more adulting like money management ( banking, credit cards, investing)

cooking classes and mental health

IDk

I'm more interests in nothing

I would like to learn more about money management and life skills.

I would like to learn about biology, how the human body works

## 6. New Subjects that you would like to learn? or something else

Grade 4 response:

video production

painting

computer applications

photography

photography

video production

computer applications

Robotics

photography

photography

photography

photography

Robotics

video production

video production

Grade 5 response:

photography

Robotics

video production

computer applications

Robotics

computer applications

Robotics

video production

photography

computer applications

Grade 6 response:

photography

computer applications

photography

photography

photography

photography

photography

---

computer applications

computer applications

video production

photography

video production

---

Grade 7 response:

video production

video production

video production

photography

photography

video production

photography

photography

video production

Grade 8 response:

photography

photography

photography

photography

video production

Robotics

Robotics

photography

computer applications

Grade 9 response:

video production

photography

photography

video production

photography

Robotics

photography

Grade 10 response:

photography

photography

Robotics

video production

computer applications

music

photography

computer applications

Robotics

Grade 11 response:

photography

commercial cooking

computer applications

photography

computer applications

photography

7. What would you like to see for Culture and Tradition in your school?

Grade 4 response:

making traditional equipment

don't know

fishing

fishing

rabbit snaring, fishing

not sure

I dont know

beaver hide tanning/ skin animals

rabbit snaring

rabbit snaring/fishing/beading/craft making

cleaning fish/fishing

rabbit snaring

clean moose

skiff boat making

hunting trips

Grade 5 response:

hoop dancing

fishing/ beading

drumming

rabbit snaring and cleaning rabbits

fishing

how to make hand drums

i dont know

Skinning animals

i dont know

Grade 6 response:

just pictures showing that happens in our culture

making a teepee

more trapping

more camping trips for youth

beading

i dont know

knitting

idont know

going up north like camping

rabbit snaring

hula hoop dance

i got no idea

Grade 7 response:

skinning a moose hide

fishing, snaring

more of both and to teach kids more about it

I don't know

everything

I dont know

I don't knowmy education

more of fishing, cleaning fish, hunting, rabbit snaring and cleaning rabbits,  
fish netting

fish camp, trapping school

### Grade 8 response:

traditional cookout more elders coming and tell stories

hand games

pow wow

more of both

newer lesson in dene and not the same stuff every year

going out more

I don't know

I don't know

I don't know

### Grade 9 response:

hunting, fishing, trapping, snaring beading making stuff out of moose hide

making stuff out of moose hide, dene tradition like beading trapping fishing snaring

skinning animals, beading, mossehide making

I dont know

beading, making stuff out of moose hide

more outdoors

how to clean fish

### Grade 10 response:

camp hunting fishing

how to make dry meat and dry fish.

everyone to be happy

I don't know

drumming, trapping, hunting, dancing

more outdoor trips

beading

dances in the gym

I don't know

### Grade 11 response:

More beading, moose and fish camps, drumming

everything, they don't base anything on our culture even for culture day. they know NOTHING, we need more hunting trips, more story times w/ our elders,

---

camping trips, hiking, more of everything.

Idk

idk maybe hunting and fishing

I would like to see more traditional dene drumming for our school, and the dene hand games be practiced.

More beading and trapping also more drumming

---

## 8. What do you want to be when you grow up? What do you think you need to learn to help to get a Job?

Grade 4 response:

Highway matenance worker. complete school and attend college

doctor

hair dresser/ read,

teacher.

teacher. attend college, finish grade 12, finish training

gym teacher/ no response

artist, I dont know

veterinarian

An RCMP

teacher/

doctor. complete school

teacher.

hair stylist

join the military. learn how to read and finish school

you tuber

---

Grade 5 response:

photographer , get your education

A doctor, education

a scientist, go to science school college and university

scientist/math

police officer

scienctist you need math

math teacher or a miner

---

---

lawyer , i dont know

police officer attend school and complete grade 12 and attend college

#### Grade 6 response:

photographer and how to get the angles and lightening

i would be a cop , i would have to learn more to help others

lawyer, more work

i was planning on being a doctor

lawyer

a dentist

a teacher or doctor

a doctor , getting a education and finish school

a police , college

police , my language

a vet, speak my language more

cop , an education

#### Grade 7 response:

I don't know haven't figured it out yet

photographer, or history teacher

photographer the one that travels, school and a degree

police, finish school

doctor or nurse, science math biology

still deciding

still deciding

a pilot. how to fly

still figuring it out

#### Grade 8 response:

dentist, collage, university

air craft mechanics. collage

carpentry , go to university

Vet doctor, graduate and university collage

architect, math, reading and writing, presenting

carpenter. math and the stuff to get the job

A Doctor. got to collage

I don't know

electrician and you need university

---

---

Grade 9 response:

Chemist, more science and math  
surgeon, medical, science, biology  
a Doctor, university to get more education  
I dont know  
I dont know  
still figuring out  
a traveller

Grade 10 response:

pastry chief, I don't know  
how to cash cheque and how to deal with people  
police officer or fire fighter  
when I grow older I wanna be a model.  
i wanna be a welder or a plumber i have to go to the trade schools  
carpenter, welding , pluming, electrician, firefighter.  
a doctor or nurse, and science  
I would like to get a job that I enjoy  
I don't know really

Grade 11 response:

Nurse, psychiatrist, own business  
I want to be a surgeon when I grow up, but thats too high of en expectation for myself so id rather be a nurse or doctor something close to being next to surgeons.  
IDK  
game warden ig  
I want to be a teacher. I would need to learn resumé and cover letter writing, job searching skills.  
I want to be a psychologist. I think i need to improve my social skills and how to job search, also how to make resumes.

9. What activities would you like to see in your community? For the other members in your community parents, older cousins and Grandparents and all other community members?

Grade 4 response:

mechanic Garage

don't know

soccer program, basketball, cooking club, wrestling, beading class

walking club, reading club,

moose hide making

don't know

fishing

skiing on ice

no answer

youth and elder activities

family gatherings

art, fishing club

don't know

football and family gatherings

hockey, soccer,

Grade 5 response:

board games with family events

Skiing

hide and seek

cooking class

traditional teachings

soccer

winter outdoor activities

i dont know

no answer

Grade 6 response:

just art to express ourselves

---

baseball

football

lacrosse and running

i dont know

i dont know

races

i dont know

baseball tournament for kids

i dont know

like get a new playground bigger and newer  
they should better games in gym class

i dont know

---

### Grade 7 response:

pow wow

volley ball tournament, jigging

pow wow

I don't know

I dont know

I dont know

soccer

teach people like how to do things and to finish school

I don't know

---

### Grade 8 response:

I dont know

I dont know

soccer football tennis volleyball

I don't know

I don't know

I dont know

soccer

more traditional activities as a whole community

cultural

---

Grade 9 response:

scavenger hunt, dance at the hall, more activities at the beach like volley ball, canoeing, floor hockey at the hall

games for all ages

playing sports for all ages

I don't know

more sports, new play ground, pow wow

I don't know

a bigger bingo place

Grade 10 response:

family actives cultural actives motivational speakers

more stuff for grandparents to do

basketball, volley ball, batmen tin, football, baseball,

I don't know.

pow wow, big bingo, youth dances and more old time dance.

more family festival

I don't know.

idk

I don't know.

Grade 11 response:

Let them have communal spaces to gather and talk with each other and youths

we don't get any activity so any activity is good, as long as we all get together as a community

IDk

nothing

I would like to see more family friendly events and contests.

I would like to see more family events such as painting, skiing, and sliding

10. Most important for Youth in your community?

Grade 4 response:

Culture;

Education;

Culture;  
Culture;  
Culture;  
Health, Mental Wellness and Physical Activity;  
Culture;  
Health, Mental Wellness and Physical Activity;  
Health, Mental Wellness and Physical Activity;  
Health, Mental Wellness and Physical Activity;  
Education;  
Education;  
Health, Mental Wellness and Physical Activity;  
Reduced at risk behavior;  
Reduced at risk behavior;

Grade 5 response:

Education;  
Health, Mental Wellness and Physical Activity;  
Education;  
Health, Mental Wellness and Physical Activity;  
Culture;  
Health, Mental Wellness and Physical Activity;  
Education;  
Education;  
Reduced at risk behavior;

Grade 6 response:

health;  
Health, Mental Wellness and Physical Activity; Education; Culture;  
Health, Mental Wellness and Physical Activity; Employment;  
Culture;  
Education;  
Education;  
Education;  
Health, Mental Wellness and Physical Activity; Culture;  
Culture;  
Culture;

Education;  
Culture;

---

### Grade 7 response:

Education;  
Education;  
Health, Mental Wellness and Physical Activity;  
Health, Mental Wellness and Physical Activity;Education;  
Health, Mental Wellness and Physical Activity;Education;  
Health, Mental Wellness and Physical Activity;  
Health, Mental Wellness and Physical Activity;Education;Culture;  
Health, Mental Wellness and Physical Activity;Education;Culture;Employment;  
Health, Mental Wellness and Physical Activity;Education;Culture;

---

### Grade 8 response:

Health, Mental Wellness and Physical Activity;Education;Culture;  
Health, Mental Wellness and Physical Activity;Education;Culture;  
Health, Mental Wellness and Physical Activity;Education;Culture;  
Education;  
Health, Mental Wellness and Physical Activity;  
Activity;Education;Culture;Employment;Reduced at risk behavior;  
Culture;

---

### Grade 9 response:

Health, Mental Wellness and Physical Activity;Education;Culture;Employment;Reduced at risk behavior;  
Health, Mental Wellness and Physical Activity;Education;Culture;Employment;Reduced at risk behavior;  
Health, Mental Wellness and Physical Activity;Education;Culture;Employment;Reduced at risk behavior;  
Education;  
Culture;  
Health, Mental Wellness and Physical Activity;  
Education;Culture;

---

Grade 10 response:

- Education;
- Health, Mental Wellness and Physical Activity;
- Health, Mental Wellness and Physical Activity;Education;Employment;
- Health, Mental Wellness and Physical Activity;Education;Culture;Employment;Reduced at risk behavior;
- Culture;
- Health, Mental Wellness and Physical Activity;Education;Culture;
- Health, Mental Wellness and Physical Activity;
- Employment;
- Health, Mental Wellness and Physical Activity;

Grade 11 response:

- Health, Mental Wellness and Physical Activity;Education;Culture;Employment;
- Education;Culture;Employment;
- Culture;
- Culture;
- Health, Mental Wellness and Physical Activity;Education;Culture;Employment;Reduced at risk behavior;
- Education;

11. What do you need right now? How can the community help to stop youth suicide in the MLTC Reserves?

Grade 4 response:

- need to focus more on outdoor activities
- no answer
- don't know
- don't know
- don't know
- no answer
- don't know
- no answer

no answer

#### Grade 5 response:

get help

no answer

psychiatrist

no answer

no answer

no answer

i dont know

i dont know

i dont know

#### Grade 6 response:

they just need to have someone to talk too

talking to someone you trust

group sessions with each other

dont know

nothing

i dont know

i dont know

i dont know

i dont know

have more people go see a therapist

have more people like saxon

stop bullying

think happy

i dont know

#### Grade 7 response:

I don't know

they can stop it by reducing bullying and help with children with things going on at home

more therapy session and a therapists in the community

I don't know about that one

therapist

I dont know

I don't know

Stop BULLYING

make the place a lot better and help the people get along

Grade 8 response:

therapy

stop bullying

stop bullying

I don't know

watch peoples behaviours

mental help

talk to someone to help you when needed

I don't know

To stop bullying and people to talk to

Grade 9 response:

therapist

stop the bullying and more youth activities

put up signs and posters so others can see of who to contact when they want help

I don't know

I dont know

therapists

go to people you trust and play bingo and something for the youth

Grade 10 response:

get kids out of their house with different actives targeting certain people

someone they can talk to and have more fun stuff to do with prizes so they can feel good about themselves

talking, keep a close eye.

I don't know because I'm facing problems like depression and other things.

activities outside with lots of people

youth development sleep over

I don't know

for there parents to stop drinking and doing a lot of drugs.

I need nothing

Grade 11 response:

Having someone consistently around who is trained and trusted to have these conversations. It's not

a one stop fix. It must be ongoing.

have someone around 24/7 for the kids to talk to, have more therapists in our community not just someone thats here for once a week.

fun

nothing

We need more mental health workers and psychologists in my community. This way people get the help they need and release feelings of pain and anger in a more healthy way.

I think that people need to get more comfortable about talking about their feelings as some are afraid to come out due to the myths about depression. Professional counselling, relaxation massage (massage therapist)

## 12. what do you do when you feel pressured or stressed?

### Grade 4 response:

go outside and take a breather

sit alone

put head down, stay in the room.

sleep

take a breather, go for a walk,

no answer

draw in my art book

scream in my pillow

no answer

sit by myself

go outside

stay calm, don't freak out

scream, cry

lay down

taking a breather

### Grade 5 response:

walk around

go home

i play games and talk to my friends online

play games

calm yourself.

talk with friends and play video games

i draw

---

go on a walk

i try to stay calm

---

### Grade 6 response:

what i do is listen to music

i just sit down and put my head on the table and put my hood on

walk away

i take a nap

rest

i go outside and sit there

hug my blanket

nothing i just go to bed

punch my desk

just stay in my room to calm down

sit in my bedroom and just talk in my mind to make myself calm

sleep

---

### Grade 7 response:

tell someone

listen to music, draw or going for walks

play with my fingers

breath

sleep

listen to music

be alone

take a nap

listen to music and chill

---

### Grade 8 response:

listen to music

sleep or go for a walk

listen to music and stay at home

most likely talk to my therapist or clean my room

sleep and music

walk away

---

go outside and play  
listen to music  
take a nap or play game with my brother

Grade 9 response:

get mad when under pressure or stressed  
listen to music or sleep  
listen to music  
sleep  
listen to music  
listen to music and sleep  
play bingo

Grade 10 response:

get quiet and somewhat panic  
listening to music or read a book  
walk, draw, go outside, ride my bike.  
if I feel pressured I'll freak out and probably have a break down. if I feel stressed I'll try to calm my nerves and probably have a bath and drink tea.  
breathe  
play puck  
cry or smoke  
play some basketball  
play some games and sometimes walk around.

Grade 11 response:

Sleep, cry, smoke, listen to music, yell, game  
drink or smoke or sleep my days away.  
IDK  
nothing  
I play video games, listen to music, and workout when I am feeling stressed or pressured.  
I like to listen to music when I feel pressured or stressed.

### 13. What would you like to see from the schools and community to help students stay in school ?

Grade 4 response:

I don't know

don't know

parents dropping their children off

more school breaks

learn fun stuff,

don't know

don't know

more fun things

no answer

don't know

no answer

fun activities

math and art activities

didn't know

help more often with their work

Grade 5 response:

do other activities

doing fun activities

i dont know

fun stuff to look forward to

make math a little easier

I want the school to let them know they need their education to get a job in the future

i dont know

i dont know

i dont know

Grade 6 response:

- make them come in even if there late
- fun activities for there attendance

---

i dont know

take away there game because kids dont come to school because of it

this school to stop being rude

i dont know

i dont know

i dont know

i dont know

learning

i dont know

i would like them have a extra bus in a garage for when the other bus doesnt work and would like a second bus driver instead having the school vans an option

go to bed at the right time

---

### Grade 7 response:

like something fun to do

provide more thing they are interested in

nice teachers and interesting subjects

I don't know

I don't like school

I dont know

better teachers

have some fun activities

I don't know

### Grade 8 response:

try to motivate them to do better

sports, field trips

i dont know

I don't know

more hands on stuff kids like it more

I dont know

I don't know

I don't know

I don't know

### Grade 9 response:

more physical activities

---

be easy

I dont low

I don't know

learn about something that you can actually use in life

pick them up on cold days

if you want to do it only you can do it

---

Grade 10 response:

motivate the kids and not bring them down

let them sit alone or help them by themselves

idk.

stop making students feel pressured, stop bullying. have the schools hold a school dance or prom. <--  
--- so old

give out ten dollars

for teachers to understand students more and be more flexible

give them the help we need

make some changes, and maybe try to make them understand their work more.

lock em up in schools.

---

Grade 11 response:

Get rides to and from school

more things the students would be interested in, more nice teachers.

Nothing

nothing

I would like to see the students receive rides if they do not have one and more help for those who do not understand what they are doing.

I would like to see people and parents encouraging kids to stay in school.

---

## 14. Why do you come to school?

Grade 4 response:

to learn

to learn

to learn

to learn

learn new stuff

to learn

to learn

---

to learn

to learn

to learn

to learn

to learn

to complete grade 12

to learn

to work hard and learn

Grade 5 response:

so i can learn

to learn

because you need school for job

to learn

like to learn

because I need a job when I grow up and to become a scientist

i like to learn math

To learn

to learn

---

Grade 6 response:

to learn

to learn math and to learn how to read and all other stuff

to learn

to learn

to learn

because my parents tell me too

to learn and become something

to learn and to get a job

to learn

to learn

To learn

to learn

---

Grade 7 response:

for an education

so I can get my diploma and go to collage

---

---

and get a degree

because my mom makes me and to get an education

to learn

because of my mom

so I can learn and get a job and I can't be broke

because my parents tell me too and I need my education

because my mom said I have to

so I can get an education and can get a job

---

Grade 8 response:

to learn more

to learn and play sports

to learn my education

to learn to get a good education

because its school I wouldn't go anywhere without it duh

because my mom tells me too and because I need it

to get my education

to learn

---

Grade 9 response:

to learn

to learn

to learn

to learn

because my dad sends me everyday

because my mom tells me too

to get an education

---

Grade 10 response:

to get my education

just to be done with it and to get a better job

to finish and become a police officer or a fire fighter.

because my parents tell me too. also I really wanna graduate.

---

to learn and make better choices

to learn

to graduate for my baby

so I can get smart and try to finished school, and hopefully get a job.

so I can learn and pass school.

Grade 11 response:

Parents, education

to graduate and get the f\*\*k out of here.

my mom force me

my mom works here

I come to school to receive the education that I need to become successful and go to a college or university to become a teacher and help future students stay in school and on track in life.

to get my education and to further my education after I graduate.

15. Why are students dropping out? what can be done to help students stay in school and graduate?

Grade 4 response:

their choice and staying up late playing video games.making them learn fun stuff

they think school is boring

sick, dont like school, go to school every single day

I don't know

sick, boring for them at school

bullying

staying up too late

they think school is boring and that they know everything

they think school is boring

maybe they don't want to learn

they don't like to learn. not sure

too boring for them.

too boring for them.

they don't get enough sleep. reward programs

don't know

### Grade 5 response:

dropping out because they dont wanna be in school  
they don't like school. reward programs  
making them realize they need a job when they grow up  
staying up late  
probably things are getting harder for them. make them as comfortable  
not sure. let them know they need their education for employment  
i dont know  
because there tired of school  
because they dont like school

---

### Grade 6 response:

someone to help them with work every now and then  
motivate them more  
talking to them and make them think differently  
mostly because teachers dont explain more and some are being rude  
school is getting too hard for them  
because of the games  
i dont know  
i dont know  
work  
i dont know  
let them in even if there late , its better late then never  
to much video games, come to school

---

### Grade 7 response:

bullying and to stop bullying  
because of bullying, alcohol and drug abuse and the teachers  
aren't being polite to them  
I don't know  
I don't know  
schools too hard. help them  
I dont know  
I don't know maybe better teachers that knows how to work with  
older kids  
they are dropping out because of abuse at home and bullying at  
school and some don't really care to get an eduction any more  
make the works too hard or not getting enough sleep, encourage

them to come

#### Grade 8 response:

they tend to give up and stress home problem. try to help them, motivate them

difficulty in school, I don't know

some students drop out cause of drugs

school is hard and kids don't want to do any work, so many reason

give them a reason to stay

school is hard for them, make school easier

have faith in themselves and finish school and do what they want

I don't know

I don't know

#### Grade 9 response:

less stress from teachers

because they don't like school, encouragement

not getting enough help and they need more help with their work

too hard, help them to do better

I don't know

because they don't go to school

it could depression or something going on, get them help

#### Grade 10 response:

motivate the students and get different principle

cause its to much work and little bit of time to hand it in

idk

apparently school is too boring and hard for them but school is not for fun but for learning.

drugs alcohol and lack of motivation

pay kids when they graduate, kids drop out cause they don't feel that there is a point of school and think they'll live of welfare

because they're lazy or sad and better support

they don't like waking up every morning and stuff like that

I don't know.

#### Grade 11 response:

Because it's boring or have a hard time understanding what they're doing or don't have a ride. After

school sessions with teachers

because the education system we have is fucked, no one bothers to improve it. FIX THE SYSTEM AND BE KINDER TO STUDENTS WHO HAVE TROUBLE OPENING UP TO PEOPLE.

Nothing

just do... nothing

Students are dropping out because they do not understand what they are doing in School which makes them feel stupid or not smart enough to stay in school. I think that more help from a tutor or teacher would help them stay in school.

students may be dropping out due to having difficulty understanding most of the things we are learning about as they barely go to school, I think that having it easy on drop outs would help them stay in school to graduate, help them understand more.

## 16. What weekend activities does your community need?

Grade 4 response:

camping(during summer) community  
picking up Garbage

no answer

movie nights, cooking club, carnival day  
for kids

beading club, cooking club, board game  
night

soccer, jogging

don't know

soccer, tennis

hiking club, walking club, beading club,  
cooking club, wrestling club

no answer

family fun day

outdoor activities

bouncy castles, ice fishing, skidoo ride

skating, hockey, soccer

not sure

swimming, weekend camping

Grade 5 response:

i dont know

no answer

i dont know

indoor soccer and hockey

community fishing

---

community gathering

dance

Skiing

hide and seek in a small area or in the school

---

#### Grade 6 response:

Dont know

more afterschool sessions

learn how to jig

bike racing

skidoo rides

working out

I DONT KNOW

fun stuff at then hall

i dont know

fun hockey

hockey

traditional dance lessons

dene lessons

typing program

Art

---

#### Grade 7 response:

beading

pride parade and more the the LGBT+

small get togethers and have fun

I dont know

whatever is fun

I dont know

I don't know

I have no clue

hockey tournament, baseball

#### Grade 8 response:

traditional activities for all ages

I dont know

sliding

arts and crafts

---

more cultural stuff

hockey

play outside and visit family

I don't know

I don't know

#### Grade 9 response:

fishing

I dont know

volley ball hockey

I dont know

the youth centre needs to be open 9:00 am to 10:00 pm everyday

gym time

youth centre open on weekends, yoga

#### Grade 10 response:

games for kids and adult

more family cooking or baking

fitness, basketball.

skating, art, games and much more.

smudging trapping hunting fishing

redeye vball tourneys

I don't know

bingo

I don't know.

#### Grade 11 response:

Painting

whatever you can bring.

Nothing

nothing

I think that there should be youth and family friendly activities such as open gyms and sledding during the winter.

Panting, colouring, fishing, movie nights and more cultural camping.

## 17. Does your community need more facilities or upgrades

Grade 4 response:

Mountain Bike trails
Walking paths
Walking paths
Walking paths
Outdoor Hockey Rink, Summer Basketball Courts
Youth Centre upgrades
Outdoor Hockey Rink, Summer Basketball Courts
Outdoor Classroom
Walking paths
Walking paths
Mountain Bike trails
Mountain Bike trails
Outdoor Hockey Rink, Summer Basketball Courts
Outdoor Hockey Rink, Summer Basketball Courts
Outdoor Hockey Rink, Summer Basketball Courts

Grade 5 response:

Youth Centre upgrades
Mountain Bike trails
Outdoor Classroom
Mountain Bike trails
Youth Centre upgrades
Outdoor Classroom
Mountain Bike trails
Mountain Bike trails
Track and Field

Grade 6 response:

facilities upgrades
all the above
Outdoor Hockey Rink, Summer Basketball Courts
Youth Centre upgrades

Mountain Bike trails
Youth Centre upgrades
Mountain Bike trails
Outdoor Hockey Rink, Summer Basketball Courts
Outdoor Hockey Rink, Summer Basketball Courts
Mountain Bike trails
all of the above
Outdoor Hockey Rink, Summer Basketball Courts

Grade 7 response:

Outdoor Hockey Rink, Summer Basketball Courts
Track and Field
all the above

Grade 8 response:

All the above
All the above
Bike Trails
all the above
school equipment upgrades
All the above

Grade 9 response:

All the above
all the above
all the above
Track and Field
Outdoor Hockey Rink, Summer Basketball Courts

All the above
---------------

All the above
---------------

Grade 10 response:

Youth Centre upgrades
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Walking paths
---------------

Outdoor Hockey Rink, Summer Basketball Courts
---

Youth Centre upgrades
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Outdoor Hockey Rink, Summer Basketball Courts
---

Outdoor Hockey Rink, Summer Basketball Courts
---

Walking paths
---------------

Outdoor Hockey Rink, Summer Basketball Courts
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Outdoor Hockey Rink, Summer Basketball Courts
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Grade 11 response:

Outdoor Hockey Rink, Summer Basketball Courts
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Track and Field
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Walking paths
---------------

the road
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Outdoor Hockey Rink, Summer Basketball Courts
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Outdoor Hockey Rink, Summer Basketball Courts
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